



TAYLOR ARMSTRONG
"REAL HOUSEWIFE," DOMESTIC ABUSE SURVIVOR & NYT BEST-SELLING AUTHOR

Taylor Armstrong stars in the hit Bravo reality show *The Real Housewives of Beverly Hills*. Debuting to critical acclaim in 2011, the Beverly Hills franchise won a Critic's Choice Television Award for the success of its inaugural season. The show enjoys a worldwide following, and each week viewers tune in to watch the drama unfold in Beverly Hills.

But Armstrong had her own drama, and behind the glamorous façade of *The Real Housewives* she hid a dark secret: her husband, Russell, had been physically, verbally, and emotionally abusing her for years. Following the familiar pattern of many domestic violence survivors before her, Armstrong had also witnessed domestic violence in her home as a young child—the abuse of her mother at the hands of her father. Thankfully, she was able to break the cycle of violence; after six years of abuse with Russell, she found the courage to leave. Tragically, soon after Russell took his own life. Armstrong and her young daughter, Kennedy, found themselves starting over while the whole world watched.

Armstrong has been interviewed on *Entertainment Tonight*, *Dr. Phil*, *The Today Show*, *The Ellen Show*, *E!*, *Extra*, *Access Hollywood*, *Rachael Ray*, *Wendy Williams*, and *Watch What Happens Live*, as well as dozens more, including local programs across the country. She has been featured in *The Wall Street Journal*, *People* magazine, *US Weekly*, *Life & Style*, *In Touch*, *OK!*, *The Hollywood Reporter*, *The Enquirer*, and others.

She recently authored her first book, *Hiding from Reality: My Story of Love, Loss and Finding the Courage Within*, an autobiographical account of Armstrong's life and personal experience with domestic violence, which became a *New York Times* bestseller. A longtime advocate for victims of domestic violence, she has been a volunteer and a spokesperson for the 1736 Family Crisis Center for nearly seven years. She recently established The Taylor Armstrong Foundation in order to further her mission; the foundation works to raise awareness, educate the public, and help victims recover and reinvent their lives.

TOPICS:

- Hiding from Reality: My Story of Love, Loss & Finding the Courage Within